

Y-ASPIRE ENROLLMENT FORM

2017—2018

CHILD'S NAME: _____

PARENT'S NAME(S): _____

ADDRESS: _____

TOWN: _____ ZIP: _____

DAYTIME PHONE: _____

E-MAIL: _____

DATE OF BIRTH: ___/___/___ GRADE: _____

CHILD'S SCHOOL: _____

Y-ASPIRE Site:

- Academy School
- Dummerston School
- Green Street School
- Oak Grove School (program site for Guilford Center School students)
- Putney Central School
- Rockingham Central Elementary School (program site for all Rockingham Schools and Westminster School)

Program Enrollment (circle days)*:

- 3 days/week M T W Th F
- 4 days/week M T W Th F
- 5 days/week

Pick-up Time*:

- before 5:00 pm
- between 5:00 and 6:00 pm

Preferred Billing Method (circle one):

weekly monthly

*This information will help us with planning and staffing. These can be altered during the year as your needs and/or circumstances change.

Please send this form, with a \$25 administrative fee to:
Meeting Waters YMCA
PO Box 511
Bellows Falls, VT 05101



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Y-ASPIRE

After-School Program

for
Inspiration,
Recreation and
Education

a program of

MEETING WATERS YMCA

servicing the students and families of:

- Academy School (Brattleboro)
- Green Street School (Brattleboro)
- Oak Grove School (Brattleboro)
- Dummerston School
- Putney Central School
- Guilford Center School
- Bellow Falls Central School
- Saxtons River School
- Bellow Falls Middle School (5th grade)



MEETING WATERS YMCA
PO BOX 511
BELLOW FALLS, VT 05101



This is not a school-sponsored activity

In partnership with several area schools, Meeting Waters YMCA offers Y-ASPIRE, an after-school enrichment program designed to meet the needs of school-aged children and their parents.

Now in its seventeenth year, Y-ASPIRE is the largest state-licensed after-school program in the CT River Valley. At the request of parents and educators who have asked us to come to their community, Y-ASPIRE now serves more than 200 children from 7 communities.

Y-ASPIRE takes place at:

- Academy School
- Oak Grove School (site for Guilford students)
- Green Street School
- Dummerston School
- Putney Central School
- Rockingham Central Elementary School (site for all Rockingham and Westminster students)

Y-ASPIRE is a state-licensed school-age child care program which ensures high standards for safety, staff training, risk management, facilities, and curriculum. This licensing also allows parents to access Vermont's Child Care Financial Assistance Program.

The Y-ASPIRE Curriculum

Each day of Y-ASPIRE program includes physical activity, nutritious snack, and a group project. Our main objective is to provide safe and reliable care in a fun, enriching environment that emphasizes the development of social, academic and lifestyle health skills.

Through a wide-variety of activities, students in the Y-ASPIRE program develop "healthy spirit, mind and body." Our balanced curriculum develops "character skills" such as respect for self and others, cooperation, and problem-solving; academic skills through our YMCA KidzLit literacy program, homework support and other educational activities; good health through nutritious snacks, vigorous physical activity and our Food & Fun curriculum.

Many activities are centered around a monthly Y-ASPIRE theme. Some examples include: "Kindness and Justice," "Our Natural World" and "Celebrating Diversity."

The Y-ASPIRE Staff

Each Y-ASPIRE site is led by a Site Director and a Program Assistant. Both have met stringent criteria for both Meeting Waters YMCA standards and state child care licensing. Our participant:staff ratio is below the state requirement of 13:1. The staff from each site, many of whom have been with us for five or more years, are supported by our Senior Program Director and Administrative Coordinator.

Hours and Days of Operations

Y-ASPIRE runs from the minute school is dismissed until 6:00pm on all school days. In addition, we offer full-day care on most days that school is not in session. This includes school vacations, teacher in-service days, parent-teacher conference days and most holidays. On early-release days or days when there is an unscheduled early closing (ie: due to bad weather), Y-ASPIRE begins at the earlier dismissal time. This "extended care" provides parents and children with an additional 200 hours of Y-ASPIRE. The program does NOT run on unscheduled full-day closings due to snow or emergencies. We do, however, run a separate Snow Day Program in Brattleboro. Please contact our office for more information.

"In addition to the great program, the 'seamlessness' of vacation and early release coverage is superb."

Y-ASPIRE Parent

Financial Assistance

Y-ASPIRE fees are comparable to most other regulated and unregulated options in the region. However, we recognize that for some parents, even our modest program fees are beyond their family's budget. No one will be denied access to Y-ASPIRE for lack of ability to pay full program fees. We accept payment through the VT and NH Child Care Financial Assistance Programs. In addition, thanks to the support of local donors, Meeting Waters YMCA offers partial scholarships. If you would like information about financial assistance, email us at info@meetingwatersymca.org or call our number nearest you: Brattleboro, 246-1036; BF, 463-4769 or Springfield, 885-8131.

"I wouldn't be able to function as a single parent without the help of this program."

Y-ASPIRE Parent

What the research says about quality after-school programs like ASPIRE

"A meta-analysis spanning 68 studies of afterschool conducted by the University of Illinois found that students participating in a high quality afterschool program attended school more, showed improved behavior, received higher grades and did better on tests compared to non-participating students. They also found that participants in afterschool programs improve significantly in three major areas: feelings and attitudes, indicators of behavioral adjustment, and school performance and that participants have reduced problem behaviors "(e.g., aggression, noncompliance and conduct problems). (2010)

"Positive outcomes, as well as more positive self-esteem, increased as the frequency of attendance in the program increased." (Baker & Witt, 1996)

"Decreased worker productivity due to stress and absenteeism caused by lack of reliable, quality after-school care costs employers \$496 to \$1,984 per employee, per year, depending on the employee's salary." (Community, Families and Work Program at Brandeis University, 2004)

Questions?

If you would like more information about Y-ASPIRE, please email us at info@meetingwatersymca.org or call the Meeting Waters YMCA office—Brattleboro, 246-1036; BF, 463-4769; Springfield, 885-8131.

How to Register for Y-ASPIRE

Please complete the tear-off enrollment form on the back of this flyer and return it with a \$25 administrative fee. Upon receipt, we will send a registration packet that will ask for other important information and a Parent Handbook with more details regarding the Y-ASPIRE program's policies, activities, and staff.

Online enrollment is available on our website: www.meetingwatersymca.org

For more information about all of our programs, visit us at:

www.meetingwatersymca.org
or find us on Facebook